

1976 University of Rochester Cross Country Individual Results

NAME	YR.	UR-RIT Dual Meet (10k) Henrietta, NY 9/18/1976	UR-Hamilton- Binghamton Tri-Meet Clinton, NY 9/25/1976	UR-Colgate Dual Meet Rochester, NY 10/23/1976	LeMoyne Invitational Syracuse, NY 10/2/1976	UR-Geneseo-Hobart Tri-Meet Geneseo, NY 10/9/1976	UR-St. John Fisher Dual Meet (10k) Rochester, NY 10/16/1976	UR-Syracuse Dual Meet Syracuse, NY 10/23/1976	UR-Bucknell-Cornell Tri-Meet (5.15 miles) Lewisburg, PA 10/30/1976	NYSCTFA Championships (5.15 miles) Hamilton, NY 11/6/1976	NCAA Division III Championships Cleveland, OH 11/13/1976	IC4A College Division Championships New York, NY 11/15/1976
Allan Berkowitz	Fr.	29 - 45:06	-	*15- 33:34	-	-	-	-	-	-	-	-
David Boyle	Fr.	-	-	-	-	12 - 28:05	16 - 35:38	-	-	-	-	-
Bill Boyle	Jr.	-	-	-	-	7 - 27:26	-	-	-	-	-	-
Mike Doherty	So.	5 - 32:58	15 - 27:24	6 - 26:21	14 - 26:44	-	4 - 32:45	9 - 28:39	27 - 27:00	25 - 27:54	142 - 26:47	86 - 26:54
Jim Dougherty	Sr.	2 - 32:04	2 - 25:56	5 - 26:16	5 - 26:17	2 - 26:54	-	6 - 28:11	16 - 26:16	31 - 28:05	61 - 26:20	60 - 26:37
Tom Hollenbeck	Fr.	-	-	-	-	10 - 27:36	13 - 34:30	-	-	-	-	-
Gary Hammond	Jr.	7 - 33:29	11 - 26:53	8 - 26:47	25 - 27:18	-	6 - 33:05	13 - 29:14	24 - 26:47	39 - 28:19	233 - 27:17	142 - 27:43
Mark Hanrahan	Fr.	25 - 39:17	-	*10 - 29:07	-	22 - 29:49	21 - 36:53	-	-	-	-	-
Mark Hemann	Fr.	28 - 44:22	-	*14 - 33:25	-	-	27 - 40:02	-	-	-	-	-
Dave Hockenbery	Jr.	DNF	6 - 26:19	2 - 26:00	-	-	2 - 31:41	8 - 28:34	17 - 26:20	12 - 27:24	183 - 27:06	-
Arthur Jensen	Fr.	17 - 35:37	-	-	-	-	22 - 37:32	-	-	-	-	-
Bob Liebers	So.	12 - 34:39	21 - 28:00	*1 - 27:09	-	16 - 28:30	10 - 34:07	-	-	-	-	-
Daniel Mazur	Fr.	3 - 32:09	-	-	-	-	5 - 33:01	10 - 28:46	26 - 26:53	6 - 27:10	95 - 26:31	39 - 26:16
Richard Mullan	Fr.	18 - 35:37	-	*3 - 27:46	-	3 - 26:58	11 - 34:08	22 - 30:23	-	-	-	-
James Murphy	So.	-	-	-	-	-	-	-	-	-	-	-
Tim O'Sullivan	Fr.	23 - 38:00	-	*12 - 29:22	-	21 - 29:47	19 - 36:06	-	-	-	-	-
Tim Peters	So.	14 - 34:57	-	*7 - 28:38	-	18 - 29:05	17 - 35:46	-	-	-	-	-
Dale Rudiger	Jr.	4 - 32:49	3 - 26:01	11 - 26:59	26 - 27:19	-	8 - 33:38	7 - 28:28	30 - 27:47	14 - 27:35	202 - 27:09	38 - 26:15
David Smith	Jr.	1 - 32:04	8 - 26:33	3 - 26:00	6 - 26:18	-	1 - 31:34	4 - 28:03	10 - 25:51	7 - 27:11	63 - 26:20	57 - 26:34
Sean Swift	Fr.	6 - 33:20	4 - 26:06	4 - 26:09	7 - 26:21	-	3 - 31:52	-	-	-	-	-
Steve Ulrich	Jr.	10 - 34:21	13 - 27:16	12 - 27:01	-	4 - 27:01	12 - 34:15	-	-	-	-	-
Japhet Woolston	Fr.	19 - 36:05	-	*9 - 29:01	-	8 - 27:28	14 - 34:41	-	-	-	-	-

Total Entries	29	29	18 *15 (JV)	85	34	28	30	31	106	341	248
---------------	----	----	----------------	----	----	----	----	----	-----	-----	-----

1976 Team Results

Date	Meet	Location	Opponent	Result	Points
September 18, 1976	UR-RIT Dual Meet	Henrietta, NY	vs. RIT	Win	15-50
September 25, 1976	UR-Hamilton-Binghamton Tri-Meet	Clinton, NY	vs. Hamilton	Win	21-40
			vs. Binghamton	Win	17-41
September 29, 1976	UR-Colgate Dual Meet	Rochester, NY	vs. Colgate	Win	20-39
October 2, 1976	LeMoyne Invitational	Syracuse, NY		1st of 13	57
October 9, 1976	UR-Geneseo-Hobart Tri-Meet	Geneseo, NY	vs. SUNY Geneseo	Win	19-42
			vs. Hobart	Win	20-40
October 16, 1976	UR-St. John Fisher Dual Meet	Rochester, NY	vs. St. John Fisher	Win	15-49
October 23, 1976	UR-Syracuse Dual Meet	Syracuse, NY	vs. Syracuse	Loss	34-22
October 30, 1976	UR-Bucknell-Cornell Tri-Meet	Lewisburg, PA	vs. Bucknell	Loss	49-15
			vs. Cornell	Loss	44-17
November 6, 1976	NYSCTFA Championships	Hamilton, NY		1st of 16	64
November 13, 1976	NCAA Division III Championships	Cleveland, OH		16th of 42	431
November 15, 1976	IC4A College Division Championships	New York, NY		8th of 34	264